

SCULPT THE BODY YOU'VE ALWAYS WANTED.

# FUSION FITNESS STRENGTH CAMP



## 12-WEEK STRENGTH CAMP: M/W/F @ 6 AM JOIN COACH KYLE PULLINS

- > Unlimited Group Sessions + BodyCombay & Yoga
- > RESULTS Based Training (Not just another workout)
- > ALL Skill/Experience Levels Welcome
- > Functional Fitness That Makes You Strong For Real Life

# WATCH YOUR BODY TRANSFORM

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## TRY ONE WEEK FOR FREE: WHAT'S THERE TO LOSE?

Building total body strength is the FOUNDATION of every fitness goal. Having a strong body allows you to drop weight faster, get rid of nagging injuries, or you want to look hot for the summer. Gains in strength allow you to accelerate the rest of your fitness endeavours. Strength Camp is customized to your training needs and goals, not just a one size fits all class.

**TO SIGN UP FOR STRENGTH CAMP EMAIL  
US AT [FUSIONFITNESS@GMAIL.COM](mailto:FUSIONFITNESS@GMAIL.COM). OR  
CALL/TEXT US AT (831) 236-6199.**